

## Dermaforce Fractional RF Aftercare Advice

Fractional RF treatments are safe and effective, with excellent results and little to no downtime.

Please follow the aftercare advice below to achieve the best possible outcome.

- After the treatment you may experience any of the following, which are normal and part of the healing process. They usually subside quickly:
  - Redness
  - Slight swelling
  - Light bruising
  - Red spots or bumps
- The above side effects may last up to 1 week, but often resolve within a couple of days.
- Clean the treated area to keep it free from infection and keep it dry.
- Do not allow pets to lick your face, use clean towels, clean make up brushes and clean face masks
- Avoid hot baths or showers for 7 days – tepid water on the treatment area only
- Apply ice packs 3 – 5 times per day 3 – 5 mins for the next 3 days if required.
- Avoid touching or scratching the treatment area.
- Should any scabbing appear, leave it to heal naturally. Do not pick off.
- Avoid spa treatments ( ie saunas, steam room, jacuzzi, swimming for 7 days.
- Do NOT use exfoliating products on the area for 4 weeks
- Avoid deodorants, perfumes or scented creams/lotions on the treatment area until skin has recovered
- SPF 30+ must be worn daily on exposed skin. Use hydrating and anti-inflammatory skin care - our HGF DD Youth Serum product can be used on the skin to aid the healing process.
- Clean make up may be worn when the area has recovered
- If you are prone to cold sores anti-viral medication or cream is recommended for at one week after treatment
- If you do not understand any of this information, please ask us.

I hope you have found your treatment beneficial and would really appreciate it if you would follow me on [Facebook](#) or [Instagram](#) at [@Aesthetice/JE](#) and review your experience. Thank you.