

Dermaplaning Aftercare

Your skin will feel fantastic after the treatment, but please take care of the following aftercare advice

You may feel slight itchiness or a stinging sensation for the first 24 hrs after treatment. This is perfectly normal

Avoid make-up for 24-48hrs after treatment for best result

Avoid chlorine for 24 hours

Avoid facial waxing for 7 days

Avoid Dermal Fillers or Botox for 2 to 4 weeks depending on area

Avoid excessive heat for 3 days after treatment, i.e. heavy workouts, steam rooms or saunas, etc.

Avoid the use of exfoliating scrubs for at least one week after treatment

Avoid direct sunlight and wear SPF30-50 when outside for 1 to 2 weeks following the treatment as your skin may be more sensitive

Do not have any other facial treatment for two weeks after treatment.

Skincare Routine: When washing your face, use a gentle, approved cleanser. Rinse skin gently (with water only) and pat dry/do not rub. Avoid harsh cleansers or washcloths

Warning signs of problems include severe redness, swelling, blistering, ulcers, pain, or signs of infection. Notify us immediately if you see these.

I hope you have found your treatment beneficial and would really appreciate it if you would follow me on [Facebook](#) or [Instagram](#) at [@Aesthetice/JE](#) and review your experience. Thank you.