

## Laser Thread Vein Removal Aftercare

The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort/healing and to help achieve the best possible results from treatment.

Please follow the aftercare advice below. It is essential that you read all of the information provided. If you do not understand any of this information, please ask us.

### What to Expect

Some visibility of spider veins will be reduced after treatment, but every person (and every vein) responds uniquely to treatment. Results **cannot be guaranteed** and it is common for multiple treatments to be needed.

Some veins may disappear initially after treatment, then recur, especially if compression instructions are not followed diligently.

### Aftercare advice

After the treatment you may experience any of the following, which are normal and part of the healing process. They usually subside quickly:

- Redness
- Slight swelling
- Red spots or bumps
- The above side effects may last up to 1 week, but often resolve within a couple of days.
- Avoid hot baths or showers for 7 days – tepid water on the treatment area only
- Avoid touching or scratching the treatment area
- Avoid exfoliating products on the treatment area for 4 weeks
- Avoid touching or scratching the treatment area.
- Should any scabbing appear, leave it to heal naturally. Do not pick off.
- Avoid spa treatments (ie saunas, steam room, jacuzzi, swimming for 7 days.
- Do NOT use exfoliating products on the area for 4 weeks
- Avoid deodorants, perfumes or scented creams/lotions on the treatment area until skin has recovered
- SPF 30+ must be worn daily on exposed skin.
- Use hydrating and anti-inflammatory skin care

If you do not understand any of this information, please ask us.