

Microdermabrasion Aftercare

Your skin will feel fantastic after the treatment, but please take care of the following aftercare advice:

Follow the Post-Treatment Skincare Routine as recommended to maintain your skin:

- Gentle Foaming Wash
- Toner for pH balance
- Hydration with Hyaluronic Acid
- Moisturing SPF 35+
- Weekly exfoliation

When washing your face, rinse skin gently (with water only) and pat dry/do not rub. Avoid harsh cleansers or washcloths.

Moisturizer may be applied twice a day or more frequently as needed for hydration and to decrease the appearance of flaking.

Treated areas may feel sensitive, tight, or dry and may appear pink, red, and slightly swollen for 1-5 days.

If your treatment includes a Skin Peel, you may experience mild peeling for up to 2 weeks.

Avoid becoming overheated, perspiring excessively, using hot tubs, steam rooms, saunas, or excessively hot showers in the 3 days after treatment, as this can cause blistering and increase the risk of complications.

Avoid alpha hydroxy and retinoic acids) may be resumed 1-2 weeks after treatment or as instructed.

Avoid scrubbing, exfoliating or AHA's for 7 days after treatment

Avoid foundation for the first 24 hours following treatment.

Avoid direct sun exposure and tanning bed use for 2-4 weeks after treatment and use a broad-spectrum sunscreen with SPF 30 or greater

Avoid electrolysis, facial waxing, or the use of depilatories for 2 weeks after treatment.

Avoid Dermal Fillers or Botox for 2 weeks depending on area

Do not have any other facial treatment for two weeks after treatment.

Warning signs of problems include severe redness, swelling, blistering, ulcers, pain, or signs of infection. Notify us immediately if you see these.

I hope you have found your treatment beneficial and would really appreciate it if you would follow me on [Facebook](#) or [Instagram](#) at [@Aesthetice/JE](#) and review your experience. Thank you.