

Tixel Aftercare Advice

NB: The scale of “downtime” is entirely dependent on the intensity of the treatment. Swelling and redness will be reduced with less intensive treatments. A course of treatment is required.

- Feeling of heat akin to “sunburn” for 1 to 5 hours post-treatment (Usually 1 to 2 hours)
- Redness (erythema) for 1 to 3 days (depending on settings and number of passes) post treatment. Can be covered by mineral make-up as directed by your practitioner
- Mild to moderate swelling for 2 to 4 days
- Dot” pattern on treated skin areas.
- A dry, sandpaper feel to skin as it restores itself
- Mild to moderate exfoliation usually from day 3
- The treated area will settle within about 2-4 days for the face. Treatments to the neck, décolletage and hands will take longer, from 2 – 6 days.
- Eyes: If the eye area has been specifically targeted for treatment, there may be noticeable swelling for up to 4 days. Sleeping propped up with at least 2 pillows. Regularly applying cold compresses helps reduce swelling.
- Avoid or reduce alcohol and smoking to reduce downtime and improve results.
- Drink plenty of fluids to hydrate the skin.
- Avoid very hot baths or showers for 24 hours after treatment.

POST TREATMENT SKINCARE GUIDELINES

- Apply only the recommended products to the skin.
- Once the initial heat has subsided, apply a small amount of the emollient provided to reduce the sensation of dryness and tightness. Every 2 to 3 hours is recommended. Continue to use for the next 7 days as required
- Before bed on the day of treatment, cleanse the skin with the wipe provided and apply the emollient. After cleansing, pat skin dry, DO NOT RUB.
- Repeat this the morning after treatment and in the evening of that day.
- If going outdoors, apply SPF50 daily.
- For low-intensity treatments, you can start using a gentle mineral make-up from day 1 or 2 as advised by your practitioner.
- The maximum amount of exfoliation occurs between 3 - 5 days. Continue with regular application of the emollient during the day. Do not allow your skin to dry out.
- Your pre-treatment skin care regime can be resumed after 7 days
- Do not use exfoliants or any abrasive substances for 3 weeks
- Do not restart any retinoids or glycolics until 5 to 7 days after treatment (if relevant)
- Continue to follow sun exposure precautions

Please do not hesitate to contact Aesthetics Julie Edwards if you need further advice.